

Comparative study of the perception of the state of mental health of students of the Faculty of Dentistry, UdelaR, two different generations

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Resume

Objetives. To know and compare the perception of mental health in their condition of university students of two different generations. Specific objectives: a) to compare the results between students admitted in 2022 (post-Covid 19 pandemic) with those who studied during the pandemic; b) to know the type and prevalence of the medication consumed, as well as habits of use of tobacco, alcohol, marijuana, energy drinks, mate, coffee or tea and/or illegal drugs.

Methods. A descriptive study will be carried out where students from the four careers of the Udelar School of Dentistry will be included. Initially, they will be provided with an information sheet, so that a posteriori with informed consent they can complete a personal, retrospective survey. The main study variables will be: symptoms of anxiety and/or depression, as well as the frequency and amount of use of drugs and/or psychoactive substances with or without a medical prescription.

Expected results. It is expected to know data related to the perception of mental health of the students of the Faculty of Dentistry and to be able to compare the situation of two different generations, one of them marked by having gone through the Covid 19 pandemic while studying tertiary and the other of students who had not yet entered the University when that event occurred. In addition, it is intended to have an approximation to the prevalence of consumption of legal and illegal psychoactive substances.

Key words. mental health, drugs, covid 19 pandemic, college students

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